**Covid web copy - Hallam Students’ Union**

**HOMEPAGE: Your Students' Union: All the latest COVID Support**

**It's not been the best start to term, but here at Sheffield Hallam Students' Union, we’ve got your back. Read on to get the most out of your University experience during these COVID times including what local lockdown restrictions mean for you. There’s plenty of support available and ways to make friends and be a part of our community.**

Here at Sheffield Hallam Students' Union, we take your safety seriously and that’s why we’re here to help you understand what the new local lockdown restrictions will mean for your university experience.  As an organisation, we work hard to make sure you are safe whilst on campus and here at The HUBS.

**WEB PAGE 1: Coming to see us?**

The HUBs will remain open until further notice. However, things are a little different right now, with face masks, one way systems and online booking to keep everyone safe. We have produced a video that tells you all about the measures we have put in place, and you can watch this [**here.**](https://www.hallamstudentsunion.com/news/article/6013/headed-to-the-hubs/) Before you head to The HUBS please make sure you are aware of the following steps to keep you and others safe. You can read our full list of information [**here.**](https://www.hallamstudentsunion.com/news/article/6013/headed-to-the-hubs/)

**Access our services and activities online**

We have made sure that you have plenty of ways to access our services and make friends online. You can[**contact**](https://www.hallamstudentsunion.com/contact/) our staff and officers and [**get involved**](https://www.hallamstudentsunion.com/covid19/community/) in our fun online activities to make sure you’re getting the most out of your time with us.

**Book a face to face appointment**

All our services are fully accessible online but if you would prefer to speak to someone face to face, you can make a pre-bookable appointment with the department of your choice. Your Student Officer Team are here to support you during these difficult times and are also all offering pre-bookable appointments below.

[Book an appointment](https://hallamstudentsunion.setmore.com/)

**But, what about HiDEOUT?**

Due to the latest government guidelines, HiDEOUT is now closed until further notice. We're looking forward to seeing you again when we reopen! For more information on how to contact us during this time, click [here](https://www.hallamstudentsunion.com/contact/).

**What about the University buildings?**

The University have been working hard to keep you safe across the buildings on campus from reminders to wear a mask, to temperature checks in reception. To find out how to stay safe on campus click [**here.**](https://www.shu.ac.uk/keeping-safe-on-campus/)

**Track and Trace**

The University has provided information on how you can use track and trace when visiting campus. Click [**here**](https://www.shu.ac.uk/keeping-safe-on-campus/safety-measures#topic2) to find out more.

**Not found the answer you were looking for?**[**Talk to us**](https://www.hallamstudentsunion.com/contact/)

### WEB PAGE 2: You're not alone

We understand that this may be a concerning and lonely time for you, but we want you to know that you are not alone! If you are feeling lonely or struggling to cope, please do [**talk to us.**](https://www.hallamstudentsunion.com/contact/)You can [**book an appointment**](https://hallamstudentsunion.setmore.com/) to speak with your Student Officers or a member of the team and we run an online chat service Monday - Friday 9am - 4pm. If self-isolating has an impact on your finances, wellbeing or housing, speak with our [**Student Advice Centre**](https://www.hallamstudentsunion.com/advice_help/)who can support you through this. **You are not alone in this and we are here to support you in anyway we can!**

The University also have a Student Wellbeing service and can be contacted for urgent help. Further details of their services can be found [**here.**](https://www.shu.ac.uk/wellbeing)

Student Minds have created *Student Space* to help students find the information and support they need during the pandemic, from online chat to confidential phone support. You can find out more about Student Space [**here.**](https://studentspace.org.uk/)

If you're feeling stressed, worried about the future, or are finding it difficult to socialise because you're self-isolating, Sheffield IAPT is providing an online course in collaboration with Sheffield Hallam University and the University of Sheffield. The course will allow you to learn how to calm your body, maintain a routine, manage your worries, and improve your sleep. Each session will provide you with techniques that you can take away and start practising. The course will be made up of 1-hour sessions over a 4 week period starting on Wednesday 11th November at 3 pm. Click [here](https://singuser6e62561b.fra1.qualtrics.com/jfe/form/SV_cLU76LQqzBhiJnf?fbclid=IwAR0m92MXhj-oODgoWGxqWWIuoPQk_65RHtCe4fRsoluQs9iSdAxxMFMfrEw) to sign up - you will then receive further details via email.

### A message from your Student Officer Team

If you have been told to self-isolate, we are here to support you through it. Your Student Officer Team have been working tirelessly to ensure anyone self-isolating doesn't feel alone.

What have the Student Officer team been up to? [**Click here to read a statement from the team.**](https://www.hallamstudentsunion.com/news/article/6013/A-message-from-your-Student-Officers-In-solidarity-we-stand/)

### WEB PAGE 3: What to do if you're self-isolating

The University have provided you with the latest government guidance if you think you have symptoms of coronavirus along with what to do if you are self-isolating. You can find the most up to date information about this [**here.**](https://www.shu.ac.uk/keeping-safe-on-campus/self-isolation/when-to-isolate)

**Staying entertained whilst self-isolating**

At the Students' Union, we have a whole heap of events, virtual fairs and Give it A Go sessions that are all online for you to get involved in. Staying in doesn't have to be boring! To find out how to get involved in [**join our Corona Community.**](https://www.hallamstudentsunion.com/covid19/community/)